

Helensburgh and Lomond Highland Games

Programme



Event Schedule:

10:00

Event Opens to Guests (Standard Admission & VIP-Hospitality Guests)

10:15

Ladies and Local/Amateur Heavy Competition Competitions Begin

Ladies Heavy Competition: 4kg Ball

Ladies Heavy Competition: 14lb Weight for Distance

Ladies Heavy Competition: 14lb Hammer

Ladies Heavy Competition: 28lb Weight over the Bar

Ladies Heavy Competition: 12lb Sheaf Toss

Ladies Heavy Competition: Local Caber

Local/Amateur Heavy Competition: 16lb Ball

Local/Amateur Heavy Competition: 16lb Hammer

Local/Amateur Heavy Competition: 28lb Weight for Distance

Local/Amateur Heavy Competition: 20lb Sheaf Toss

Local/Amateur Heavy Competition: Chieftains Local Caber

10:30

Highland Dancing Stage Opens

Highland Dancing Competitions Begin

Highland Dancing: Beginners/Novice/Intermediate/Premier Section (Confined to Argyll and Bute)

Events 3,4,5,6 - Age Group according to entry

11:30 – 12:00

Official Opening Ceremony

12:00

Highland Dancing: Primary Section,

Events 1,2,3,4 - Age Group 4yrs,5yrs,6yrs

Highland Dancing: Beginners and Novice Section,

Events 3,4,5,6 - Age Group according to entry

12:15

Professional Heavy Competition Competitions Begin

(and should finish around 5pm)

Heavy Competition: 16lb Ball

Heavy Competition: 16lb Hammer

Heavy Competition: Scottish Championship 22lb Shot Putt

Heavy Competition: 28lb Weight for Distance

Heavy Competition: 56lb Weight for Height

Heavy Competition: 20lb Sheaf Toss

Heavy Competition: Tossing the Caber

Athletic races will start at 13:00. (approximate race times)

13:00

Athletics 1: 90 Metres British Championship Open Scratch (Adults)

Athletics 2: 90 Metres Open Handicap (Youth) Heats

Athletics 3: 90 Metres Open Handicap (Adult) Heats

Athletics 4 :800 Metres Open Handicap (Youth)

Athletics 5: 800 Metres Open Handicap (Adult)

Athletics 6: 90 Metres Open Handicap (Youths) Final

Athletics 7: 90 Metres Open Handicap (Adults) Final

14:00

Athletics 8: Hill Race

14:05

Athletics 9: Enter on the day Children's races - Short sprint races: U5 / 6-7 / 8-9 / 10-11 / 12+

Athletics 10: Enter on the day adults 200m handicap race

14:25

Athletics 11: 200 Metres Scottish Championship Open Scratch (Adults)

Athletics 12: 1600 Metres Open Handicap (Youths)

Athletics 13: 1600 Metres Open Handicap (Adults)

14:30

Highland Dancing: Intermediate Section,

Events 3,5,6,7,8 Age Group according to entry

If entering for the confined section and the open section, a maximum of only 8 dances is permitted in the competition.

Highland Dancing: Premier Section,

Events 3,5,6,7,8

Age Groups 11yrs and under, 13yrs and under, 15yrs and under, 16yrs and over.

If entering for the confined section and the open section, a maximum of only 8 dances is permitted in the competition

15:00

Athletics 14: Primary school relay Heats

Athletics 15: Secondary School Relay Heats

Athletics 16: Primary School Relays Final

Athletics 17: Secondary School Relays Final

15:30

Athletics 18: 200 Metres Open Handicap (Adults)

Athletics 19: 200 Metres Open Handicap (Youths)

17:00

Last bus to return Helensburgh Pier Car Park

17:00 – 17:30

Winners Presentation