

Helensburgh & Lomond Games
Scottish Highland Games Association (SHGA)
Athletic Events Entry Form



4 June 2022

www.hlhighlandgames.scot/

Athlete Details

NAME	ADDRESS	TELEPHONE NO
CLUB NAME (IF APPLICABLE)	DATE OF BIRTH	EVENTS ENTERED (See Over)

Entry form for participation in the Helensburgh & Lomond Highland Games to be held at the Helensburgh Rugby Club, Rhu Road Higher, Helensburgh, G84 8YJ.

Once completed forms should be printed and forwarded to the address below, or emailed to adam.crawford@hotmail.com and cc'd to daz.murphy1@gmail.com

Adam Crawford - SHGA Handicapper,
St Roman's Court, Glenrothes, Fife, KY6 2LQ
01592 753 439

Closing Date for Entries is Saturday 28 May 22

SHGA Registration:

All athletes who wish to participate in SHGA events must be registered with SHGA.

Day Registration: Athletes who only wish to compete at ONE games in the year may pay a 'single use' fee instead of full registration at the following rates: Adult £3, Youth £1. This should be done on the day at the event not online. Insurance is not included and will not count towards leagues. Any further participation will require full registration at the standard rates.

Further details available at: www.rshga.org/registration/register

Entry Fee

Competing athletes must ensure they inform ticket staff on arrival and purchase a 'Athletics Competitor' Wristband'. This costs just **£9** for adults and **£5** for youths and covers all-day entrance to the Games and all events entered. Tickets can also be purchased in advance via the website.

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Races will start at 1300, approximate race times will be available on the Games' website

Please tick to select which event (s) you are registering to enter:	
1. 90 Metres Open Handicap (Youth*)	
2. 90 Metres Open Handicap (Adult)	
3. 90 Metres British Championship Open Scratch (Adult)	
4. 200 Metres Open Handicap (Youth*)	
5. 200 Metres Open Handicap (Adult)	
6. 200 Metres Scottish Championship Open Scratch (Adult)	
7. 800 Metres Open Handicap (Youth*)	
8. 800 Metres Open Handicap (Adult)	
9. 1600 Metres Open Handicap (Youth*)	
10. 1600 Metres Open Handicap (Adult)	

In youth races, the minimum age will be nine years of age and the maximum will be fifteen years of age, the exception being if a registered youth competitor reaches their 16th birthday after the first RSHGA member games of the season. Once having reached their 16th birthday they will then have the choice of either: 1/remaining a youth competitor until the end of the season or 2/ immediately moving up to compete in adult competition, and losing any league points already accrued during the season. If the youth athlete decides to move up to adult competition mid-season, they cannot then revert back to competing as a youth.

By completing and signing this athlete entry form I agree to the rules and regulations set by both Helensburgh & Lomond Highland Games (HLHG) and Scottish Highland Games Association (SHGA). I consent to the random testing for prohibited substances which may take place at any time and to inform the SHGA prior to the competition of any medicines I may be taking. I will not hold the Helensburgh & Lomond Highland Games responsible for any injuries.

PRINT NAME	SIGNATURE	DATE
	Not Required if Form is emailed	

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