

Helensburgh & Lomond Games

Hill Race Entry Form

4 June 2022



Race Entries

Entry form for participation in the Hill Race at the Helensburgh & Lomond Highland Games.
Held at the Helensburgh Rugby Club, Rhu Road Higher, Helensburgh, G84 8YJ.

There is no requirement to pre-enter; completed forms should be handed in to the Helensburgh AAC tent on the day which will be located at the 90m start line.

Entry forms must be presented between 1230 & 1330; with the race programmed to start at 1400.

Further details available at: <https://www.hlhighlandgames.scot/>

Entry Fee

Competing athletes must ensure they inform ticket staff on arrival and purchase a 'Adult Athletics Competitor' Wristband'. This costs just £9 which covers all-day entrance to the Games and all events entered. Tickets can be purchased in advance via the website.

Event Information

Note that this is an arduous event, over rough terrain and with no marked path in some areas.

Entrants must ensure they are fit and fully prepared.

No water stations are provided on the race route.

Entrants for Hill Race must be over 18 on the day of the event.

Please complete Athlete Details over page...

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Athlete Details

Name	
Male / Female	
Club	
Date of Birth	
Age	
Contact Number	
Emergency Contact Number	
Signature	
Date	

By completing this form you confirm that you are physically and medically fit to complete the event; that you will follow the instructions of all marshals and you agree that you will not hold the Helensburgh & Lomond Highland Games organisers responsible for any injuries.

Athletes who do not complete the race must return to finish and inform the race organisers.

In the event of unsuitable weather before or on the day of the games, the competition may be cancelled at the Game's Committee and/or SHGA's discretion.